

A Taste of Hypnosis

with Regus Liverpool & Dr. Steve Wooding in support of Marie Curie Cancer Care

Wednesday 14th April, 12:30-1:30pm

Regus Centre Liverpool, Horton House, Exchange Flags, Liverpool L2 3PF

2010 is Liverpool's year of Health and Wellbeing, so we're offering YOU a chance to find out more about how hypnosis can help you personally and professionally. It's an opportunity you definitely don't want to miss..!

And because we want to help as many people as we can, we're simply asking that **you donate £5 to Marie Curie Cancer Care** to show your support. The speaker, Dr. Steve Wooding – a hypnotist and corporate trainer – is giving his time and support to you and our charity for free.

There's a small problem though – the venue we have for this session can only seat **20 people** so **places are strictly limited and MUST be booked in advance.**

Have you ever wondered what hypnosis *really* is and how it works?

- » Are you sceptical and would like to separate fact from fiction?
- » Maybe you've seen a stage show and wondered how much was real?
- » Do you have a problem you'd love to deal with, and want to know how hypnosis can help?
- » Or maybe you're just interested in finding out more about it...

What's this taster session all about?

We'll cover the most important things you need to know, including...

- » The **seven BIG MYTHS** and **seven important truths** about hypnosis
- » The **science that proves what hypnosis really is** and how it works
- » A **simple demonstration** of how your own mind may be working against you without you realising

And, for those who're really interested, a little 'mini-session' to help you, just using a story...

How will I benefit from coming along?

When you've decided to come and experience this for yourself...

- » You'll know exactly how hypnosis can help you
- » You'll have the answers you've always wanted
- » You can also decide if your colleagues or friends would like a taster session like this, tailored to your own business or group and in support of your nominated charity
- » ...and you'll be helping Marie Curie Cancer Care too!

How do I book my place?

Just email booking@iceandlemon.com or call [07730 651648](tel:07730651648) today to make sure you don't miss out!

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"Make the most of YOU..!"

